

Companion Programs (Leisure Time Options)

1. Cultural

- **Museums**

Museum London opened in 1908 and exhibits Regional, National and International artists.

www.museumlondon.ca

Banting House National Historic Site is a museum located in the house where Sir Frederick Banting developed his idea for insulin in 1920. The museum includes his London period, the discovery of insulin, contributions in the wars and a number of paintings.

www.diabetes.ca/about-us/who/banting-house

Museum of Ontario Archaeology is built on the site of a 16th century Iroquoian Village. The site includes a reconstructed palisade and longhouse, ongoing archaeological site, interpretive centre featuring 12,000 years of history and exhibits by First Nation Artists.

www.uwo.ca/museum

Fanshawe Pioneer Village takes visitors back in time to the sights and sounds of a 19th century village. Weavers, printers, blacksmiths and farmers demonstrate their trades of the past.

www.fanshawepioneervillage.ca

Royal Canadian Regiment Museum showcases the history of the Boer War, Second World War, Korean War and UN peacekeeping missions through medals, photographs, weapons and uniforms.

www.theroyalcanadianregiment.ca



- **Theatre**

The Grand Theatre is a 109 year old venue where artists from across Canada want to work. The theatre is committed to producing some of the best professional live theatre in Canada from September to May.

www.grandtheatre.com

The Palace Theatre opened in 1929 as the city's first silent movie house. The Theatre is now home to the famous London Community Players which runs from September to June.

www.londoncommunityplayers.com

Stratford Festival Theatre is located within an hour's drive from London. The world renowned Stratford Shakespeare Festival Theatre season is from April until November with shows at different stages.

www.stratfordfestival.ca



- **Music**

Aeolian Hall is a local performing arts centre in a historic building which features classical concerts, jazz, blues, folk, opera, local choirs and more.

www.aeolianhall.ca



Orchestra London offers a variety of musical options for everyone in the family from classical to rock. The season runs from October to May.

www.orchestralondon.ca

London City Music Theatre is a 600 seat venue located at the Western Fairgrounds and offers musical and theatrical productions by local, national and international talent.

www.londoncitymusictheatre.com

Fanshawe Chorus London is a symphonic choir of 110 singers that has been performing for 41 years.

www.stratfordfestival.ca

2. Sports & Leisure

- **The Tree Trunk Tour**

The Tree Trunk Tour demonstrates London's love of trees and is enhancing its reputation as the "Forest City". Two carvers have created sculptures that, instead of being confined to an art gallery, are right out on public streets.

www.londontourism.ca/Things-To-Do/Parks-and-Nature/Londons-Tree-Trunk-Tour

- **Horse Racing - Slots**

The Western Fair Raceway has harness racing at its best - live on a half mile track. For year-round entertainment, the money's on Western Fair Slots located in the same building.

www.westernfair.com

- **Labatt Brewery Tour**

Labatt Brewery Tours run all year round. The tour takes about 2 hours to complete and includes a full guided tour of the brewery, sampling and everyone receives a souvenir tour t-shirt.

www.labatt.com

- **Golf**

East Park offers a walkable course in picturesque setting to play golf whether you are a beginner or a seasoned golfer.

www.eastparkgolf.com

Forest City National is an 18 hole golf course which strives to provide a unique and enjoyable experience from the moment you arrive.

www.fcngolf.com

FireRock is located on the outskirts of London and is one of South Western Ontario's newest and most exciting public golf courses.

www.firerockgolf.com

- **Paths and Natural Walking Areas**

Paths and Natural Walking Areas are available throughout the city. The city has roughly 30 km of multi-use pathway for walking and cycling as well as many nature trails.

www.londontourism.ca/About-London/Natural-Areas-and-Green-Space



Auto Racing

Delaware Speedway has offered some of the finest stock car racing for more than 50 years. The season runs April to September. It is located 15 minutes west of London.

www.delawarespeedway.com.



- **Baseball**

Baseball can be seen at Labatt Park with the London Majors of the InterCounty Baseball Association. The season runs from May to July.

www.londonmajors.com

- **Double Decker Bus Tours**

Double Decker Bus Tours are available through Tourism London. See London from a new perspective on board a double-decker bus. Season runs June – September.

www.londontourism.ca/Events/Annual/Double-Decker-Bus-Sightseeing-Tour



- **Hockey**

Hockey with London's own OHL hockey team, the London Knight's, play their home games at the John Labatt Centre. Season runs September through March.

www.londonknights.com

- **Football**

Football with the University of Western Ontario Mustangs is viewed at TD Waterhouse Stadium.

www.westernmustangs.ca



3. Ladies Night Out

- **Shopping**

Richmond Row is an eclectic downtown shopping area that includes clothing, custom jewellery, shoes, stylists and trainers, coffee shops and amazing restaurants.

www.richmondrowlondon.com

Wortley Village has always been the traditional London shopping focal point located south of downtown. Be sure to take some time to embark on a historical walk of this beautiful community.

www.wortleyvillage.com

Covent Garden Market offers a historic collection of food and gift shops under one roof in downtown London.

www.coventmarket.com

Whiteoaks Mall is located in the south end of the city and offers more than 200 stores.

www.whiteoaksmall.ca



Masonville Place is a large, multi-level mall in the north end of the city with over 190 stores.

www.masonvilleplace.ca

- **Spa**

Fayez Beauty Spa is a place in south London where you can enjoy relaxation, tranquility and regeneration.

www.fayezspa.com

Renaissance Massage Therapy Clinic & Spa prides itself in being a haven for relaxation for healing.

www.renaissancemassage.ca

The Yew Tree Spa is a natural boutique spa offering a complete day spa experience. Located in the heart of downtown London.

www.theyewtree.ca



Holistic Spa is a day spa located in the Wortley Village and offers spa treatments as well as works shops and seminars.

www.innerinsights.com

- **Wineries**

Carolinian Winery is a family owned and operated winery located on Foley Farms, an organic fruit farm located 10 minutes east of London. You may want to arrange a lunch and/or tastings at the winery where guests can view the 10 acres of fruit fields.

www.carolinianwinery.com

Quai Du Vin Estate Winery is an established winemaking and retailing operation, located 20 minutes south of London, that features a scenic vineyard and location. Visit year round to taste the latest vintage, tour the vineyards or just relax with a glass on the Wine Press Terrace.

www.quaiduvin.com

- **Cooking classes**

Aroma's Restaurant offers Portuguese and Mediterranean flavours in a courtyard setting. A unique cooking class experience is available from the enthusiastic Aroma staff.

www.fginternationalcorp.com

Kiss the Cook is located on Richmond Row and is the spot for great gift ideas and cooking classes.

www.kissthecookonline.com



Jill's Table offers gourmet oils and vinegars, sweet and savoury condiments from around the world. There are a wide variety of cooking classes offered for every taste.

www.jillstable.ca

- **Tea**

Eldon House is London's oldest residence which has been virtually unchanged since the last century. The tradition of outdoor summer tea at Eldon House is offered from Wednesday through Sunday from early July to late August.

www.eldonhouse.ca

Dishingtons is located in south London. It is an English style tea room specializing in lunch, dessert, and morning and afternoon tea.

www.tearoom.ws

- **Fashion Show**

Fisher & Company is the place to shop designer names along Richmond Row or for a private fashion show. Items include clothing, shoes, jewellery and handbags.

www.fisherandcompany.ca

4. Dining

- **Dine Around**

Choose a few amazing restaurants where a group can dine for different courses at various restaurants.

www.londontourism.ca/Places-To-Eat

- **Murder Mystery Dinner**

Marienbad Restaurant offers Dinner and Murder Mystery. As well as a puzzling mystery, the evening provides a lot of fun with everyone encouraged to participate as much or as little as they like.

www.marienbad.ca

- **Comedy Dinner Theatre**

Yuk Yuk's offers live stand-up comedy with shows Friday and Saturday nights.

www.yukyus.com

- **A Night at the Races**

A Night at the Races includes an exciting evening of live harness racing complimented by the Chef's Table featuring food sure to please any palette. Open Friday and Saturday nights in October, November & December; Friday Nights in May.

www.westernfair.com

